



The 2010 XTERRA Ohio Trail Run Series includes five cross country trail runs in Northeastern Ohio and Central Ohio. More details, including course maps and trail descriptions at www.xterraohio.com

- 4/24 Vulture's Knob (9M), Wooster (\$35 until 3/31; \$45 thereafter)
- 5/22 Hargus Lake Trail Run (7K), Circleville / A.W. Marion State Park, (\$35 until 4/30; \$45 thereafter)
- 6/26 Chapin Forest (5M), Kirtland / Lake Metroparks (\$35 until 5/31; \$45 thereafter)
- 7/10 Mohican Trail Run (11M), Loudonville / Mohican State Park (\$35 until 6/15; \$45 thereafter)
- 8/21 Oak Hill (5M), Boston Township / Cuyahoga Valley National Park (\$35 until 7/31; \$45 thereafter)



CUT HERE AND MAIL FORM WITH PAYMENT TO: Vertical Runner, 112 North Main Street, Hudson, OH 44236

NOTE: Make Check or Money Order Payable to "VR Training".

Cut On Line Below

First Name _____ Last Name _____ E-Mail Address _____
 Street Address (inc. City, State, Zip) _____
 Home Phone _____ Cell Phone _____ Age (day of race) ____ Birthdate _____
 Gender (M/F) ____ Shirt Size _____ (Male: S, M, L or XL, Female: S, M or L)

Select the race(s) you are entering. Mark with an "X".

<input type="checkbox"/>	4/24 Vulture's Knob (\$35 until 3/31; \$45 thereafter)	\$
<input type="checkbox"/>	5/22 Hargus Lake Trail Run (\$35 until 4/30; \$45 thereafter)	\$
<input type="checkbox"/>	6/26 Chapin Forest (\$35 until 5/31; \$45 thereafter)	\$
<input type="checkbox"/>	7/10 Mohican Trail Run (\$35 until 6/15; \$45 thereafter)	\$
<input type="checkbox"/>	8/21 Oak Hill (\$35 until 7/31; \$45 thereafter)	\$
Total		\$

CUT HERE AND MAIL FORM WITH PAYMENT (PAYABLE TO "VR TRAINING" TO: Vertical Runner, 112 North Main Street, Hudson, OH 44236)

OVER (SIGN WAIVER AND RELEASE AGREEMENT)

WAIVER AND RELEASE AGREEMENT

In consideration of the acceptance of my application to participate in the **2010 XTERRA Ohio Series** including without limitation, competing in the race(s) and participating in any all pre and post race activities and social events (collectively, the "Event"), and/or my being permitted to officiate, observe, work for or in any manner participate in the Event or its staging, and intending to be legally bound hereby, I hereby freely agree, represent and acknowledge, for myself, my personal representatives, assigns and heirs that: (1) **I HEREBY RELEASE AND PROMISE NOT TO SUE, AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS**, the XTERRA Ohio organizers, hereinafter referred to as "XTERRA Ohio"; the State of Ohio, all cities, parks, counties or localities in which the Event or segments of the Event are held; all Event sponsors, advertisers, race directors, officials, volunteers and independent contractors; owners and lessees of property used to conduct or used in conjunction with the Event; and the officers, directors, shareholders, partners, employees, members and agents of any of the above (the "Releasees"); **FROM EVERY CLAIM AND ANY LIABILITY** that I, my personal representatives, heirs and assigns may allege against the Releasees, including attorney's fees, as a direct or indirect result of injury to me or my property or resulting in my death, whether or not caused by any act or omission of Releasees, including but not limited to the negligence of Releasees or otherwise while I am in any way competing in, officiating, observing, working for, or in any manner participating in the Event or its staging; (2) I acknowledge that participating in the Event can be a dangerous activity that involves risks of serious bodily injury, death or property damage and **I HEREBY ASSUME FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH AND PROPERTY DAMAGE** due to the negligence of Releasees or otherwise arising out of or in any way relating to any of the events referred to in item 1 hereof; (3) I will comply with all rules, regulations and instructions of the Event and its officials; (4) I am physically fit, have sufficiently trained for the Event, and there is no medical reason why I should not participate in the Event; (5) **I CONSENT TO RECEIVE MEDICAL TREATMENT** in the event that I become ill, I am injured or I am involved in an accident during the Event or as otherwise deemed necessary or advisable by Event officials; (6) **I CONSENT TO THE FREE AND UNRESTRICTED USE OF MY NAME, VOICE AND PICTURE** in any and all Event promotional materials, videotapes, telecasts, and promotions for any purposes deemed necessary by XTERRA OHIO, including but not limited to commercial use, and I waive all right to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness; and (7) **I HAVE CAREFULLY READ, UNDERSTAND AND VOLUNTARILY SIGNED THIS AGREEMENT.**

I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.

.....
PRINT NAME

SIGNATURE

DATE

For persons under 18 years of age, a parent or legal guardian must sign the above Waiver and Release and complete the following section.

I am the parent or natural guardian of _____ ("Child") and have executed the foregoing Waiver and Release Agreement for and on behalf of my Child. **I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AGREEMENT.** In consideration of allowing my Child to participate in the Event, I agree that **THE TERMS OF THIS WAIVER AND RELEASE AGREEMENT SHALL BIND ME, MY CHILD**, our personal representatives, heirs and assigns. **I HEREBY RELEASE AND PROMISE NOT TO SUE, AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS, THE RELEASEES FROM EVERY CLAIM AND ANY LIABILITY** that I or my Child may allege against the Releasees, including attorney fees, as a direct or indirect result of injury to me or my child, or my or my Child's property, or resulting in my or my Child's death, because of my Child's participation in the Event or its staging, **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES** or otherwise.

PARENT/GUARDIAN SIGNATURE

RELATIONSHIP TO MINOR

DATE
